



Montserrat Itineraries

1. Hermitages Path

⌚ 2 h

📏 7 Km

2. From Monastery to Sant Jeroni

⌚ 2 h 30 min.

📏 7 Km

3. Degotalls Path

⌚ 50 min.

📏 3,2 Km

Rules and recommendations:

- Keep the signposted paths and don't take any shortcuts as they erode the soil.
- Campfire are forbidden in the Park.
- Respect private property and the cultural and historical heritage.
- Forbidden from throwing garbage.
- The capture and collection of animals, rocks and plants is not allowed.
- Wild camping is forbidden.
- Make sure you're wearing suitable clothes and footwear for the activity.



Generalitat de Catalunya
Patronat de la Muntanya
de Montserrat



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1. Hermitages Path

🕒 2 h

📏 7 Km

Throug this route we'll discover the ancient hermitages located on the southern side of "Vall Mala" stream, built around the "Les Gorres" rock group, with the famous "Gorra Frigia" dominating the whole group.

Once in fron of Abat Oliba hostel building, we'll head up the paved road passing in front of Sant Joan funicular station. We'll reach *Sant Miquel* cross viewpoint diversion (signposted), which offers breathtaking views. A few further meters higher we find Sant Miquel chapel. Following the ascendant track we will find the *Sant Miquel's* pool, linked most probably to the remote origins of the chapel.

We'll get to the *Pla de Sant Miquel* in around five minutes, where you will find a crossroads: we'll take the path with a steep slope which is bound to *Pla de les Taràntules*, a plain just in front the upper funicular station. The Nature Hall is located in the same building, and holds information on the mountain.

Among the different trails leaving from here, we must choose the one to the left, *Sant Joan's* trail.

From Sant Joan chapel we may continue to the remains of the ancient hermitages of *Sant Joan* and *Sant Onofre*, both embeded in a long crack in the rock.

The recovery of Jacob's stairway allows access to *Santa Magdalena* hermitatge.

Now we return to the main trail by the same way back to the monastery, or we can alteratively take *Sant Joan* funicular at *Pla de les Taràntules*.

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Itinerary description

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2. From Monastery to Sant Jeroni

🕒 2 h 30 min. 📏 7 Km

Circular route of extraordinary interest up to Montserrat's summint (1.237 m), with spectacular breathtaking views of the mountain and a good part of Catalonia.

We take the *Sant Joan* funicular, which will drop us on *Pla de les Taràntules*. Once at the upper station, we take the path on the right, as shown the signal.

We will walk by the four needle like features called *Gorres*, the highest one, topped by a cross is called *Gorra Frigia*. We'll follow the main path at any time. After crossing a narrow path between two rocks, there is a lookout tot your left: *Serra de les Paparres'* viewpoint, to enjoy the magnificent views.

The path leads to the head of the valley. it gets into the forest and crosses Santa Maria stream through a wooden footbridge. Go up the paved path; note a downhill path to your right which we will take in order to return to the Monastery. In about fifteen minutes we will reach Sant Jeroni's chapel. We'll arrive to the top, going to the left, but before this, we'll can see Mossen Cinto's viewpoint, halfway up to the top.

Once the summit, a direction table will help us identify the surrounding geography from the Pyrenees to *Els Ports* and *Mallorca*. We may come back by taking the same path to the funicular or by walking down *Sant Jeroni's* old path, going to the crossroad where the downhill path starts and, once there, take it down towards *Pla dels Ocells* to the Monastery.

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Itinerary description

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3. Degotalls Path

🕒 50 min.

📏 3,2 Km

The walk of the "Degotalls" runs by the walls descending from the flats of the Trinity, situated about 200 m over the walk. The continous trickles of water from seepages in the limestone rock are evident along the path, hence the name Degotalls.

Below, with the Pyrenees as background, the flat lands boil with vitality. The lush vegetation, the nitid shady light gives the feeling of being in midair thus it is ideal for self meditation.

Follow the highway towards Monistrol.

Once you pass the *Mirador dels Apòstols* building there is a sharp turn. There you have take the left path that runs parallel to the highway, directions North-West until the corner of the Degotalls (about 25 min.), then you return back.

The walk is ornamented with monuments or artists and majolica wares that call out Marian vocation: steles and medallions have been placed along the route in memory of some illustrious men of our country, Monsignor Jacint Verdaguer, Joan Maragall, Emili Vendrell, Pep Ventura or Pompeu Fabra.

We weill also find popuplar and beautiful majolicas that are a good representation of the invocations that the Catalan people have given to the Virgin Mary. The path becomes starting point for the Camino de Santiago from the Monastery.

The vegetation that we will find is very rich: the habitat is the holm oak forest with boxwood, a very cool area with deciduous trees and evergreens.

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Itinerary description

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